**Topic Based Phrasal Verbs**

**Food:**

Dig in: We've prepared a delicious feast, so let's dig in!

Spice up: The chef decided to spice up the menu with some exotic flavors.

Wolf down: After the long hike, they were so hungry they proceeded to wolf down their meals.

**Festivals:**

Ring in: We'll ring in the New Year with fireworks and celebrations.

Deck out: The town was decked out in lights for the annual festival.

Bring together: The festival brings together people from diverse backgrounds.

**Sports:**

Gear up: The team is gearing up for the championship match this weekend.

Run out of steam: Despite a strong start, the players ran out of steam in the final quarter.

Step up to the plate: In a crucial moment, the rookie had to step up to the plate and take the final shot.

**Travelling:**

Set off: We plan to set off on our road trip early in the morning.

Check in: After a long flight, all I want to do is check in to my hotel and rest.

Take off: The plane is scheduled to take off in 30 minutes.

**Weather:**

Batten down the hatches: The forecast is predicting a storm, so we need to batten down the hatches.

Chill out: Despite the sunny day, there was a cool breeze that made it perfect for chilling out by the pool.

Rain on someone's parade: Don't let a little rain on your parade ruin the whole day.

**Nature:**

Blend in: The chameleon has the ability to blend in with its surroundings.

Branch out: It's time to branch out and explore new hiking trails.

Turn over a new leaf: Moving to the countryside, I decided to turn over a new leaf and live a simpler life.

**Shopping:**

Shop around: Before making a big purchase, it's wise to shop around for the best deals.

Impulse buy: I went to the grocery store for milk, but I couldn't resist making an impulse buy of some chocolate.

Try on: Before buying the jeans, make sure to try them on to ensure a good fit.

**TV:**

Tune in: Don't forget to tune in next week for the season finale.

Binge-watch: I spent the entire weekend binge-watching my favorite TV series.

Switch channels: When the show became boring, I decided to switch channels.

**Music:**

Strike a chord: The song's lyrics really struck a chord with me.

Hit the right note: The musician hit the right note, and the audience erupted in applause.

Turn up the volume: When your favorite song comes on, you just have to turn up the volume.

**Film:**

Popcorn flick: Sometimes, you just want to relax with a good popcorn flick after a long day.

Roll credits: The audience erupted in applause as the movie came to an end and the credits began to roll.

On the edge of one's seat: The suspenseful thriller had everyone on the edge of their seats until the very end.

**Books:**

Get lost in a book: When a story is captivating, you can easily get lost in a book for hours.

Turn the page: Life is like a book; you never know what will happen until you turn the page.

Hit the shelves: With the new releases, avid readers can't wait to hit the shelves of the bookstore.

**Cooking:**

Whip up: I can easily whip up a quick and delicious meal with just a few ingredients.

Simmer down: After a hectic day, it's nice to simmer down in the kitchen while preparing dinner.

Cutting corners: Sometimes, in a rush, I find myself cutting corners while cooking.

**Seasons:**

Turn over a new leaf: Just like trees in autumn, it's a good time to turn over a new leaf and start fresh.

In full bloom: During spring, the gardens are in full bloom with colorful flowers.

Winter wonderland: After the snowfall, the city transforms into a winter wonderland.

**Persons:**

Hit it off: From the moment they met, they hit it off and became fast friends.

Stick to one's guns: Even in the face of criticism, she decided to stick to her guns and pursue her passion.

Cut to the chase: Instead of a long conversation, let's cut to the chase and discuss the main points.

**Memorable events:**

Go down in history: The event was so significant that it will surely go down in history.

Mark the occasion: We should mark the occasion with a special celebration.

Time flies: It's hard to believe that it's been a year since that memorable event; time really flies.

**Newspaper:**

Hit the headlines: The scandal hit the headlines, capturing the attention of the entire nation.

Read between the lines: When reading an article, it's essential to read between the lines to understand the deeper meaning.

Hot off the press: The breaking news was hot off the press, and everyone was eager to get the latest updates.

**Social media:**

Scroll through: It's easy to spend hours just scrolling through social media feeds.

Go viral: The post unexpectedly went viral, reaching millions of people within hours.

Tag along: Feel free to tag along on my social media adventures; it's going to be a fun ride.

**City life:**

Concrete jungle: New York City is often referred to as a concrete jungle due to its tall buildings and bustling streets.

Rush hour: Avoid driving during rush hour; the traffic is unbearable.

Get a taste of: While in the city, be sure to get a taste of the diverse culinary scene.

**Rural life:**

Country mile: The nearest grocery store is a country mile away, so it's best to stock up.

Take a back seat: In rural life, things tend to take a back seat to the slower pace of living.

Breathe in the fresh air: One of the perks of rural life is being able to breathe in the fresh, unpolluted air.

**Education:**

Hit the books: With exams approaching, it's time to hit the books and study.

Pass with flying colors: She worked hard and managed to pass the exam with flying colors.

Learn the ropes: As a new student, it takes time to learn the ropes of campus life.

**Environment:**

Green thumb: With her green thumb, she transformed the backyard into a lush garden.

Carbon footprint: It's essential to reduce our carbon footprint to protect the environment.

Sow the seeds: By promoting eco-friendly practices, we can sow the seeds of a sustainable future.

**Culture:**

Cultural melting pot: New York City is a cultural melting pot, with influences from around the world.

Break the ice: Participating in cultural exchange programs is an excellent way to break the ice and make friends.

Pass down: Traditions are important as they are passed down from one generation to the next.

**Entertainment:**

Steal the show: The lead actor's performance was outstanding; he managed to steal the show.

Take a bow: After a breathtaking performance, it's time to take a bow and acknowledge the applause.

Up-and-coming: The theater is known for showcasing up-and-coming talent in the entertainment industry.

**Daily Routine:**

Start off: I like to start off my day with a cup of coffee to get energized for work.

Wind down: Before bed, I wind down by reading a book to relax my mind.

Rush through: Don't rush through your morning routine; take your time and enjoy each moment.

**Childhood:**

Grow out of: As children grow, they often grow out of their old clothes and toys.

Look up to: Every child needs someone to look up to, whether it's a parent, teacher, or a superhero.

Act out: Sometimes, children act out to express emotions they can't articulate verbally.

**Business:**

Bring in: The new marketing strategy is expected to bring in more customers.

Cut back: To save costs, the company had to cut back on unnecessary expenses.

Take on: The company decided to take on a new project to expand its market reach.

**Technology:**

Log in: Before accessing your account, you need to log in with your username and password.

Phase out: With the release of the new model, they decided to phase out the older version of the product.

Plug in: Make sure to plug in your device to charge it before it runs out of battery.

**Weekend:**

Hang out: On weekends, I love to hang out with friends and catch up on the latest news.

Chill out: After a hectic week, all I want to do on the weekend is chill out and relax.

Gear up for: We're gearing up for a weekend getaway to the mountains.

**Transportation:**

Hop on: Let's hop on the bus; it'll take us directly to the city center.

Pull over: The driver had to pull over to the side of the road to check the engine.

Set off: We plan to set off on our road trip early in the morning.

**Museums:**

Check out: You should check out the new exhibit at the art museum; it's fantastic.

Dig into: During our visit to the history museum, we dug into the fascinating stories of the past.

Browse through: We spent hours browsing through the exhibits, absorbing the cultural richness.

**Photography:**

Capture the moment: A good photographer knows how to capture the moment in a single frame.

Zoom in on: I like to zoom in on intricate details when taking macro photographs.

Snap away: During the event, I snapped away to document the memories.

**Hobbies:**

Take up: I decided to take up painting as a hobby to unleash my creative side.

Nail down: It took me a while to nail down the chords on the guitar.

Zone out: When I'm knitting, I tend to zone out and find it very relaxing.

**Internet:**

Log on: Every morning, I log on to my computer to start my work.

Scroll through: Instead of working, I found myself scrolling through social media for hours.

Back up: It's crucial to regularly back up your important files to avoid data loss.

Click through: Users are more likely to engage with content if they find it interesting when they click through.

Sign up: To access exclusive content, you need to sign up for a membership on the website.

Log off: After finishing my tasks, I make sure to log off and disconnect from the online world.

**Study:**

Hit the books: With exams approaching, it's time to hit the books and start preparing.

Cram for: I have to cram for the test tomorrow; I procrastinated too much.

Brush up on: Before the interview, it's essential to brush up on your knowledge of the company.

**Fast Food:**

Pick up: On my way home, I might pick up some fast food for dinner.

Munch on: While watching a movie, we love to munch on some fast-food snacks.

Devour: After a long day, I just wanted to devour a burger and fries.

**Profession:**

Move up the ladder: After years of hard work, she finally moved up the corporate ladder and became a manager.

Branch out: As a chef, he decided to branch out and open his own restaurant.

Clock in: Every morning, employees clock in to start their workday.

**Family:**

Get along with: It's important for siblings to get along with each other, despite their differences.

Look after: As the older sister, she always looked after her younger siblings.

Drop by: We often drop by our grandparents' house for Sunday dinner.

**Hometown:**

Grow up: I grew up in a small town where everyone knew each other.

Settle down: After traveling for years, he decided to settle down in his hometown.

Move away: Many young people move away from their hometowns in search of better opportunities.

**Neighborhood:**

Hang out: On weekends, the kids in the neighborhood like to hang out at the local park.

Blend in: The new family tried to blend in by participating in neighborhood events.

Watch out for: In a tight-knit community, neighbors often watch out for each other.

**Health:**

Bounce back: After a bout of flu, she managed to bounce back to her normal routine.

Cut down on: To improve his health, he decided to cut down on sugary snacks and drinks.

Work out: Regularly working out is essential for maintaining good health.

Fight off: With a balanced diet, you can help your body fight off illnesses more effectively.

Give in to: Despite a hectic schedule, it's important not to give in to unhealthy eating habits.

Recover from: It took her a few weeks to recover from the surgery.

**Giving Suggestions:**

Throw out: Let me throw out an idea for the project—what if we incorporate a creative video element?

Come up with: Can you come up with any suggestions on how to improve the efficiency of our team meetings?

Run by: Before finalizing the proposal, let's run it by the team to get their input.

**Future:**

Look forward to: I look forward to meeting the new team members next week.

Plan ahead: It's wise to plan ahead for your career to ensure future success.

Shape up: If we don't address these issues now, the project's future might not shape up as we hope.